



LUNCH MENU

FOR PAMPER DAYS

Tier 1

Sandwiches - served on white or brown bread

Choose 1 filling from:

Cheese & Red Onion mixed with Mayonnaise

Egg Mayonnaise

Tuna & Sweetcorn

Succulent Chicken Strips with Mayonnaise

Finely cut pieces of Ham

Freshly made quiche with side salad

Tier 2

Freshly baked scones with clotted cream & strawberry jam

Tier 3

Mini assortment of rich tasting desserts

Drinks

A glass of Prosecco or a smoothie is included with your Pamper Day.

If you would like any more drinks these are available to buy from the Spa Reception.



01282 661735 | www.insidespa.co.uk

Inside Spa | Leeds Rd | Nelson | BB9 9TD

